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Participating Restaurants and Vendors Announced for A Toast to the Triangle™
25th Annual Fundraising Event to be Held March 7

RALEIGH, N.C. (February 2, 2010)—Mary Freeman, president and CEO of the Tammy Lynn Center for Developmental Disabilities (www.tammylynncenter.org), has announced participating restaurants, caterers, and beverage purveyors for the 2010 A Toast to the Triangle™ (www.atoasttothetriangle.org). The 25th annual event will be held on Sunday, March 7, 2010 at the North Carolina State University McKimmon Center in Raleigh.

Participating restaurants will engage in a friendly competition that displays some of their best dishes. Six “Best in Show” awards are given each year: *People’s Choice Award*, *Best Visual Theme*, *Best First Course*, *Best Entrée*, *Best Dessert* and *Best Presentation*. All participants are eligible for the People's Choice Award, in which guests vote for their favorite restaurant. The remaining awards are voted on by local judges with professions ranging from chefs to food critics to culinary instructors.

Adding to the 25th anniversary celebration is an exciting, fun and delicious pastry competition. An array of the Triangle's finest bakeries will display their Tammy Lynn Center /Toast-themed cake designs along with scrumptious samples for guests to enjoy. Participating bakeries include Cakes by Caren, Christin’s Cakes, Cinda’s Creative Cakes and Sugarland.

“The blend of longtime supporters and new participants is what makes the *Toast* a unique Triangle tradition,” says Freeman. “We are grateful for the support from these organizations.

Participating restaurants and caterers:

- 18 Seaboard
- Angus Barn
- Azitra
- Bogart's
- Bombay Grille
- Lucky 32
- My Chef Catering
- Peak City Grill
- Poppysseed Market
- Posta Tuscan Grille
- Taverna Agora
- The Globe
- The Mint
- The Ocean Grill
- XIOΣ Authentic

- Carolina Crossroads
- Daniel's Restaurant & Catering
- Fosters American Grill
- Herons at The Umstead Hotel and Spa
- Rey's
- Second Empire Restaurant and Tavern
- Solas
- Solomon's Restaurant
- Taj Mahal Indian Restaurant
- Greek Cuisine

Participating beverage purveyors:

- Aviator Brewing Company
- Boylan Bridge Brewpub
- Duplin Winery
- Larry's Beans
- Lone Rider
- Mutual Distributing
- Pepsi Bottling Ventures

About A Toast to the Triangle:

A Toast to the Triangle was first held on April 6, 1986 at Carolina Place. Approximately \$6,000 was raised to build residential facilities at the Tammy Lynn Center. Since then, the event has been held annually to raise funds for the Tammy Lynn Memorial Foundation, Inc., which in turn supports the following programs and services of the Tammy Lynn Center for Developmental Disabilities: Community Residential, Early Childhood Intervention, Respite Care, and non-Medicaid Day Services. The event offers an astonishing array of culinary splendor from nearly 40 of the Triangle's finest restaurants, caterers and purveyors of fine wines and specialty beers. Attracting more than 1,200 people, last year's event raised more than \$191,000 for the Center's programs and services. To learn more about this event, please visit www.atoasttothetriangle.org.

About the Tammy Lynn Memorial Foundation, Inc.:

The Tammy Lynn Memorial Foundation, Inc., founded in 1969, supports the following programs and services of the Tammy Lynn Center for Developmental Disabilities: Community Residential, Early Childhood Intervention, Respite Care and non-Medicaid Day Services. For more information, please visit www.tammylynncenter.org.

About the Tammy Lynn Center:

Located on a nine-acre campus near North Carolina State University in Raleigh, the Tammy Lynn Center for Developmental Disabilities (TLCDD) offers educational, residential and family support services to children and adults with special needs. Founded in 1969, the center remains committed to providing the individuals it serves with the opportunity to maximize their abilities and potential in a loving, nurturing environment. TLCDD is owned by the Tammy Lynn Memorial Foundation, Inc. and is independently operated by TLC Operations, Inc. Both corporations are under the parent company Tammy Lynn Center, Inc. All organizations are nonprofit entities 510(c)(3), and contributions are tax deductible. Visit www.tammylynncenter.org.

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