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Media Contacts:

Maria I. Hernandez
Director of Development
Tammy Lynn Center for Developmental Disabilities
919.755.2667
mhernandez@tammylynncenter.org

Brian Van Norman
Articulon
919.232.5008
brian@articulon.com

A Toast to the Triangle™ Celebrates 25th Anniversary
Annual Spring Event Benefits the Tammy Lynn Center for Developmental Disabilities

RALEIGH, N.C. (October 16, 2009)—Mary Freeman, president and CEO of the Tammy Lynn Center for Developmental Disabilities (www.tammylynncenter.org), announces today the 25th *A Toast to the Triangle™* (www.atoasttothetriangle.org) will be held on Sunday, March 7, 2010 at North Carolina State University's McKimmon Center in Raleigh.

A Toast to the Triangle offers guests samples from nearly 40 of the Triangle's finest restaurants, caterers and purveyors of fine wines and specialty beers. Participants have the opportunity to bid on an array of donated items during the event's live and silent auctions. Restaurants also compete in a spirited, yet friendly, competition for one of six "Best in Show" food category awards.

"We are overjoyed to celebrate the 25th anniversary of the *Toast*," says Freeman. "The event's success is built upon the continued community support and the tireless efforts of all who volunteer their time."

In 1986, the first *A Toast to the Triangle* was held to raise funds to build residential facilities at the Tammy Lynn Center. Since then, it has become the signature fundraising event for the Tammy Lynn Memorial Foundation, Inc., which in turn supports the following programs and services of the Tammy Lynn Center for Developmental Disabilities: Community Residential, Early Childhood Intervention, Respite Care, and non-Medicaid Day Services. More than 1,200 guests attended the 2009 *Toast*, helping raise \$191,000 for the Center's programs and services.

About *A Toast to the Triangle*:

A Toast to the Triangle was first held on April 6, 1986 at Carolina Place. Approximately \$6,000 was raised to build residential facilities at the Tammy Lynn Center. Since then, the event has been held annually to raise funds for the Tammy Lynn Memorial Foundation, Inc., which in turn supports the following programs and services of the Tammy Lynn Center for Developmental Disabilities: Community Residential, Early Childhood Intervention, Respite Care, and non-Medicaid Day Services. The event offers an astonishing array of culinary splendor from nearly 40 of the Triangle's finest restaurants, caterers and purveyors of fine wines and specialty beers.

Attracting more than 1,200 people, last year's event raised more than \$191,000 for the Center's programs and services. To learn more about this event, please visit www.atoasttothetriangle.org.

About the Tammy Lynn Memorial Foundation, Inc.:

The Tammy Lynn Memorial Foundation, Inc., founded in 1969, supports the following programs and services of the Tammy Lynn Center for Developmental Disabilities: Community Residential, Early Childhood Intervention, Respite Care and non-Medicaid Day Services. For more information, please visit www.tammylynncenter.org.

About the Tammy Lynn Center:

Located on a nine-acre campus near North Carolina State University in Raleigh, the Tammy Lynn Center for Developmental Disabilities (TLCDD) offers educational, residential and family support services to children and adults with special needs. Founded in 1969, the center remains committed to providing the individuals it serves with the opportunity to maximize their abilities and potential in a loving, nurturing environment. TLCDD is owned by the Tammy Lynn Memorial Foundation, Inc. and is independently operated by TLC Operations, Inc. Both corporations are under the parent company Tammy Lynn Center, Inc. All organizations are nonprofit entities 510(c)(3), and contributions are tax deductible. Visit www.tammylynncenter.org.

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